

Most of you are aware that our recent series, *The New Rules for Love, Sex & Dating*, has been primarily marketed for the singles in our community. The content has been challenging to say the least, as Andy has tackled some extremely personal, relevant issues facing both men and women in our culture. As hoped, the content has evoked personal reflection and thoughtful conversations, many of which are happening within community groups.

These conversations are taking place across the board—in both single and married groups. While we are excited that the material is resonating with people across the spectrum, we're aware that for many there is pain and confusion around knowing what to do with what they've heard. In fact, some of you have had conversations with others seeking direction for next steps, perhaps even wondering the same for yourselves. In an effort to assist you, below are a few suggested resources that might be helpful:

Web Resources:

<http://www.xxxchurch.com/gethelp/>

<http://www.theravive.com/services/>

<http://www.bravehearts.net/>

<http://www.faithfulandtrueministries.com/>

<http://www.northpoint.org/care>

Book and Message Resources:

For Women:

The Invisible Bond, How to Break Free from Your Sexual Past by Barbara Wilson

For Men:

The Game Plan, The Men's 30-Day Strategy for Attaining Sexual Integrity by Joe Dallas

For Singles:

Your Single Treasure by Rick Stedman

[Exposed](#) message by Andy Stanley

[Twisted](#) message by Andy Stanley

[Boy Meets Girl](#) message by Louie Giglio

For Couples:

Every Man's Marriage by Stephen Arterburn and Fred Stoeker

Every Woman's Marriage by Shannon and Greg Ethridge

Love, Sex, and Lasting Relationships by Chip Ingram

Tempted and Tried: Temptation and the Triumph of Christ by Russell Moore

When Two Becomes One by Chris McClusky

How We Love by Mulan and Kay Yerkovich

Counseling: If you need a counseling referral, please go to www.northpoint.org/counseling to complete the confidential online request. This will help in determining which professionals best fit your situation.